



Tour Leader Award

Name Waka Watanabe 渡辺和可 - 157

Date 18th January 2020

The named person has attended a training and assessment course of minimum 24 hours guided learning tuition in the below detailed subject. They have fulfilled the experience and competence level required to achieve the Tour Leader Award. This qualification requires that a separate, valid first aid certificate, relevant to the environment being used, is held.

Course details:

Leading

- The role of a Tour Leader
- Duty of care policies
- Examples of leading techniques in road terrain
- Leading practical application opportunities
- Managing dietary, drink and recovery options for participants riding over consecutive days

Hazards and Emergencies

- Minimizing risk to you and your group
- Safety in road terrain
- Emergency procedures in road terrain including practical application

Applied skills

- Theoretical and practical navigation in road terrain using map and speedometer
- Preparatory and roadside maintenance
- Personal Riding Expectations of a Tour Leader
- Instruction of group riding skills for road terrain

General:

- Ride preparation and locations
- Equipment requirements in road terrain environments
- Codes of conduct and sustainable travel
- Basic weather and its impact on participants

Any leading of cyclist groups subsequent to this course by the named person is undertaken based on the principle that they employ effective good practice techniques as outlined through the Tour Leader Award course attended. Employers should take their own steps to ensure that they are appropriately skilled and qualified with associated certificates (first aid, child protection etc) and undertakes any leading appropriately. This certificate is valid on the basis that the named person remains up to date with legal and modern practice through continuous professional development.

Paul Tuohy
Chief Executive, Cycling UK